

HILLS SPIRIT F.C.



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HILLS SPIRIT News

EDITION 1 - MAY 2015



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PRESIDENT'S MESSAGE

It is my great pleasure to welcome everyone to Hills Spirit FC for the 2015 season. On behalf of myself and our dedicated committee we hope everyone has a safe and enjoyable year with all games played in the intended spirit and sportsmanship. We know that weather conditions have been very poor but hopefully the spirit of the kids has not been dampened too much and we can look forward to the rest of the season without too much interruption.

Now in our 37th year of operation our club has a very long and proud history of offering something a little unique to the local Catholic communities. Our focus on drawing players from an expanding base of local Catholic schools and combining teams from school based friendship groups rather than forced grading has been the cornerstone of our club as it not only builds lifelong

friendships among children but also among parents.

At Hills Spirit FC we have a strong and committed group of people volunteering their time willingly to fulfil their respective positions on the club's committee. Some of these people no longer have children playing at the club but still un-selfishly turn up each weekend to do their best for our club. In advance I take this opportunity to thank everyone on the committee and all the volunteer coaches and managers for the hard work they will no doubt put in this year in making 2015 an enjoyable season for us all. As always however no amateur sporting club can function without the support of the community it seeks to serve so I ask that you get behind your team, the club and the community. During the year you will be asked to help on BBQ and field set-up so please get stuck in when it is your turn. Without your support we can't function!

A quick mention to those businesses that have thrown

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their support behind Hills Spirit FC over a long period of time;

- Harcourts Real Estate – Baulkham Hills – Andrew and Mel Drane are now in their 5th consecutive year of major sponsorship. Mel has also been the Trivia Night Co-ordinator for several years with Andrew helping MC the night and run the Auction
- Nunzio's Pizza & Pasta Family Restaurant – Glenda & Nunzio Vecchio are also in their 5th of sponsorship.
- Art in Images – Ian & Leonie Blazey – many years of contributing not only in financial sponsorship but also committee positions. Ian & Leonie also run our photo day each year.

Please support those businesses that so generously support us!

Finally a reminder to everyone! We choose to involve our children in team sport so that they can make new friends, learn the spirit of teamwork,

experience the joys of winning and the disappointment of losing, develop their skills and generally enjoy being outdoors and running around. They will no doubt make us all proud as we witness their special moments and milestones throughout the year. As parents we are all passionate about our kids but let's all remember to make them proud also by being responsible side line supporters and provide them with only positive encouragement. Please never ever put down their efforts on the field and never challenge the decisions of referees or linesman regardless of if they are official or parent volunteers.

I look forward to seeing you all at the grounds.

Go Hills Spirit FC!!

John Kalocsai

**President
Hills Spirit FC**

MESSAGE FROM THE NSW CHURCH FOOTBALL ASSOCIATION

The Secretary of the NSW Church Football Association would like to thank everyone for their patience in waiting for the full year draw to be finalised. The weather and subsequent washed out rounds has meant that the goal posts have kept moving.

Also just a couple of points of note to new coaches, managers and parents;

- There is to be no coaching or even supporting from behind the goal posts or end lines. All coaching and supporting must be at the side of the field. This can be very distracting and intimidating to children from both teams
- All coaches and supporters must remain a reasonable distance from the sideline to allow room for linesman to operate and for the referee to clearly see the outline of the field.

Many thanks for your ongoing support throughout the season.

CONTACT US

PRESIDENT - John Kalocsai
presidenthillsspiritfc@gmail.com

REGISTRAR - Sean Murphy
registrarhillsspiritfc@gmail.com

CLUB MISSION

The aim of the club is to foster the game of soccer in the district and the school communities of Our Lady of the Rosary, Kellyville, St Angela's Primary School, Castle Hill, and John XXIII, to manage and organise competitions for junior teams, and other such activities as may be determined from time to time.

CLUB INFORMATION



BBQ Roster

Our weekly canteen plays an integral part in raising funds for equipment, clothing and our presentation day. We need all parents to get involved and help out with canteen duty, even if it's for 30 minutes at a time. The BBQ can be run with 2 parents at any one time, however 3 parents would be preferable.

A full season roster will be published once the draw has been released by the NSWCFCA.

Open: 8AM – 10.30AM

A parent will need to collect the groceries from IGA Rouse Hill (Adelphi St, Rouse Hill) no later than **7.30AM**.

Meat is to be collected from the butcher located directly across from the IGA. Other parents need to be at the grounds no later than **8.00AM** for set up.

Close: 10.30AM – 1PM

Please ensure your parents are at the BBQ in time for the **10.30AM** handover. When packing up please ensure that things are put away neatly in the correct space so it makes it easier for parents who open to find everything the following weekend.



Ground Official

A ground official needs to be appointed each Saturday, and will be part of canteen duty. Each team on duty will need to appoint one parent as the Ground Official for the duration of their shift.



Grounds Report

On behalf of Steve & David thank you to everyone for turning up and supporting the ground set up and pack up process each weekend. They are endeavouring to produce a roster however the rain and subsequent washed out rounds has meant that the association has been unable to finalise the full year draw. As soon the draw is finalised a full year BBQ & Field set up roster can be completed also. Some points that may assist in the mean time;

- If your team is playing first up at 8-8.30am it is a safe bet that you are required to organise some parents to turn up about 30 minutes earlier to help set up grounds.
- If your team is last on a particular ground or the last mid sized game it is a safe bet that your parents need to disassemble the goal posts etc. and pack them away.
- If you are on set up please make sure that nets are pulled tight and as far back as the design will allow and that all pegs are driven into the ground until they are flush with the turf or dirt. NO pegs are to be left protruding from the ground.
- If you see something un-safe please fix it.
- Teams doing ground set up please also set up the full field nets.
- If you are the last 'mid-size' field game please remove the goal posts immediately on completion of your game as the full size game will generally need to start very shortly after your match is completed.
- If you have any problems please let someone in the committee know ASAP.

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As a parent, you play a special role in contributing to the needs and development of youngsters.

CODE OF CONDUCT FOR PARENTS

Through your encouragement and good example, you can help ensure that all the boys and girls learn good sportsmanship and self-discipline. In NSW Amateur Soccer Federation, young people learn to work together, to sacrifice for the good of the team, to enjoy winning and deal appropriately with defeat - all while becoming physically fit and healthy. Best of all, they have fun.

Support Your Child

Supporting your child by giving encouragement and showing interest in their team is very important.

Help your child work towards skill improvement and good sportsmanship in every game. Teach your child that hard work and an honest effort are often more important than victory - that way your child will always be a winner despite the outcome of the game and set them up for a successful life.

Always Be Positive

Parents serve as role models for their children. Become aware of this and work to be a positive role model. Applaud good plays by your child's team as well as good plays by the opposing team.

Support all efforts to remove verbal and physical abuse from youth sports activities.

Remember That Your Child Wants to Have Fun

Remember that your child is the one playing soccer, not you. It's very important to let children establish their own goals - to play the game for themselves.

Take care not to impose your own standards and goals on them.

Don't put too heavy burden on your child to win games. Surveys reveal that 72% of children would rather play for a losing team than ride the bench for a winning team. Children play for the fun of playing.

Reinforce Positive Behaviour

Positive reinforcement is the best way to help your child achieve their goals and their natural fear of failure. Nobody likes to make mistakes. If your child does make one, remember it's all part of learning, so encourage your child's efforts and point out the good things your child accomplished.

Don't Be a Sideline Coach or Ref

Coaches and referees are usually parents just like you. They volunteer their time to help make your child's youth soccer experience a positive one. They need your support too. That means refraining from coaching or refereeing from the sidelines. As a volunteer organisation, there's usually always an opportunity for you to take your interest in coaching or refereeing to the next level and become one yourself.

SOME DO'S & DON'T'S

- 1 Don't talk about the coach and team manager with the other parents. If you have any issues please approach them directly and work out any issues together.
- 2 Please be on time to all training and games. It helps the coaching staff to develop the team when all players are ready to go at the scheduled times.
- 3 Be active in supporting the coaching staff when it comes to disciplining your child. At times the team's enthusiasm can become overwhelming. Whilst that comes with the territory your unique role as a parent can be an important tool to help manage harmony and discipline within the team.

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CODE OF CONDUCT FOR PLAYERS

Play for the fun of it, not just to please your parents or coach.

Play by the Laws of the Game.

Never argue with or complain about referees' calls or decisions.

Control your temper. Most of all, resist the temptation to retaliate when you feel you have been wronged.

Concentrate on playing soccer with your best efforts. Work equally hard for your team as for yourself.

Be a good sport by cheering all good plays, whether it's your team or your opponent's

Treat all players as you would like to be treated.

Remember that the goals of the game are to have fun, improve your skills and feel good. Don't be a show-off or a ball hog.

Co-operate with your coaches, team mates, opponents and the referee.



CODE OF CONDUCT FOR COACHES & MANAGERS

Enthusiastically support and practice the "Everyone Plays", "Good Sportsmanship" and "Positive Coaching" philosophies of the NSW Amateur Soccer Federation.

All Players, regardless of ability, deserve equal consideration when selecting your team each week.

Be reasonable in your demands on a young player's time, energy, enthusiasm and performance on the field.

Impress on your players that they must abide by the Laws of the Game at all times.

Develop team respect for the ability of opponents and for the judgement of referees and opposing coaches.

Ensure that your players' soccer experience is one of fun and enjoyment (winning is only a part of it). Players should never be yelled at or ridiculed for making mistakes or losing a game.

Set a good example and be generous with your praise when it is deserved. Children need a coach they can respect.

Check your equipment and facilities. They should meet safety standards and be appropriate for the age and ability of your players.

Follow the advice of a physician when determining when an injured child is ready to play again.



CLUB FUNDRAISING

As an not-for-profit community-based club, we are able to keep running through the generous donations, sponsorship and fundraising activities.

There will be various times throughout the season where co-ordinated fundraising will take place to help raise funds for the club.

We thank you in advance for your participation in our fundraising efforts and look forward to great season for your children.

TRIVIA NIGHT - 25th JULY 2015

Co-ordinated by Mel Drane, Trivia night is the clubs major fund raiser, all money raised on the night goes back to your children.

Any donations or connections that you may have would be fantastic. We love sporting memorabilia, electrical items the list is endless, we have silent and live auctions. It is a great kid free night.

PHOTO DATES - 23RD & 30TH MAY

At this stage, the proposed photo dates are 23rd May and 30th May 2015. We will forward a schedule of time allocations for your team when it becomes available.

SPONSORSHIP OPPORTUNITIES

We have sponsorship opportunities available to business owners within our club community. If you are interested to find out more, please contact presidenthillsspiritfc@gmail.com.

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JUNE LONG WEEKEND SIX A SIDE TOURNAMENT



The Association is running a separate 6 a side competition over the June Long weekend when no comp games are on.

Please note that teams can be formed outside of your current teams or from within your team. No more than 7 players per team.

This is a great 1 day competition at no extra charge for current registered players with semi's and finals on the day and medals for the winners.

See further details below. Ask your coach or manager for more details and get your players organised and get registered for a great fun tournament.

Competitions (runs over 1 day):

U6, U7, U8, U9, U10, U11, U12 (Saturday 6th June), U13, U14, U15, U16, U17, U16 Girls, AA Ladies, AA Men, Over 35s (Monday 8th June)

Rules: 7 players per team, interchange, 10 mins each half, no offside. (Full rules available at www.nswcfa.com.au documents page). Each team will play a minimum of two games.

Cost: NSWCFCA affiliated clubs – no charge, all other clubs \$50 per team.

How to enter: Entries can be made at the following site <http://www.trybooking.com/Embed.aspx?eid=84591>

Entries are required by 22/5/15.

FNSW Sanction: for all non NSWCFCA clubs – sanction forms available at www.nswcfa.com.au documents page.

History: A list of past winners dating back to 1963 can be found at <http://mccredie.nfshost.com/soccer/historical/index.html>

Contact: Greg Wark (Coordinator) 9682 7779 or Kim Sydenham (Secretary) 0410 444 863

NSWCFA Annual Six A Side tournament

DATES:

Saturday 6th & Monday 8th June 2015

VENUE:

**Everley & Norford Parks,
Everley Street, via Ferndell Street
South Granville**

TIMES:

**First games kick off at 8.00am.
This is an all-day event.**